

## ADMISSION REQUIREMENTS

The applicant or designated representatives, in the event of the mentally incompetent person, must be willing to seek placement.

There must be indication that available family and/or community resources have been accessed, wherever appropriate.

Eligibility and level of care is determined by the Regional Assessment Team which meets on a regular basis.

## APPLICATION PROCESS

To apply for admission, you must contact your local Public Health Nurse or Social Worker to have an assessment completed.

## COST

The monthly board and lodging rate is determined by the Department of Health and fluctuates from time to time. Financial assessment is required as part of the application process.



All Long Term Care properties are "Smoke Free."

## CONTACT INFORMATION

Bay St. George Long Term Care Centre  
(709) 646-5800 Ext. 265

Bonne Bay Health Care Centre  
(709) 458-2201 Ext. 208

Calder Health Care Centre  
(709) 886-3350 Ext. 37

Corner Brook Long Term Care Home  
(709) 637-3999 Ext. 3534

Dr. Charles L. LeGrow Health Care Centre  
(709) 695-2175 Ext. 4533

Rufus Guincharde Health Care Centre  
(709) 861-3533

# LONG TERM STAY PROGRAM



**Bay St. George**  
**Bonne Bay**  
**Burgeo**  
**Corner Brook**  
**Port aux Basques**  
**Port Saunders**  
**Stephenville**



## Our Vision

The vision of Western Health is that the people of Western Newfoundland have the highest level of health and well being possible - Your Health Our Priority.



## **LONG TERM STAY PROGRAM**

This program is designed to provide permanent long term care services to individuals who are no longer capable of living in their own home/ community. The activities and programs are designed to stimulate, promote and improve the functioning and independence of residents, thereby, enabling them to do as much as they can, as well as they can, for as long as they can. The general levels of care identified are:

### **LEVEL III**

Individuals requiring a minimum of three hours of nursing care/supervision in a 24 hour period.

### **LEVEL IV**

Individuals requiring ongoing professional health care because they have a technological dependency or need a medical device to compensate for the loss of a vital body function (approval pending available resources).

### **PROTECTIVE**

Individuals experiencing severe mental/cognitive impairment with exit seeking behavior, which warrants a secure environment.



## **PHILOSOPHY**

Our philosophy of long term care is designed to foster the best possible quality of life for individuals through a social model of care.

Residents and clients must be treated in a manner that:

- Respects their right to privacy.
- Maintains their self-worth, self-esteem and dignity.
- Fosters independence and maintenance of their optimum level of functioning.

We believe an interdisciplinary, holistic, humanistic and restorative approach is essential to enhancing the quality of life of individuals.

Residents and family members should be provided opportunities to participate as partners in care and service delivery through:

- Input in decisions that impact on their quality of life.
- Involvement with Resident/Family Council, Interdisciplinary Team meetings, etc.

The delivery of services within a long term care setting should reflect the diverse physical, cultural, social, emotional, spiritual, recreational and economic needs of the resident.

Each person has the right to live in an environment which:

- Is safe and homelike and is able to be personalized with favorite pictures, photographs, furnishings so long as space limitations, safety requirements and other residents' rights are respected.

- Supports a pattern of life and conditions of every day living which are as close as possible to the normal circumstances and traditional ways of life in Newfoundland.

Promotes personal independence, self-reliance, freedom of choice and respect for each person's individuality and beliefs.

The long term care facility must be perceived as an integral part of the community, whereby:

- Residents are provided an opportunity to participate in activities within the greater community.
- The community is encouraged to participate and become involved with enhancing the quality of life of residents.

## **SERVICES PROVIDED**

Service provision includes around the clock nursing care. Licensed Practical Nurses and Personal Care Attendants provide day-to-day care under the direction of a Registered Nurse.

Other services include; medical, recreation therapy, hairdressing, laundry, occupational therapy, pharmacy, pastoral care, housekeeping, social work volunteers, nutrition, outreach, accounting, physiotherapy.

Where services are not located on site, referrals are made for the resident to access services based on assessed need.