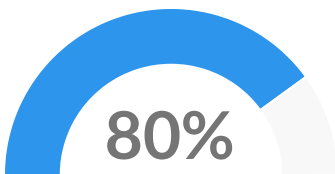


PORT SAUNDERS / BONNE BAY HEALTH NEIGHBOURHOODS REPORT

Primary Care Provider

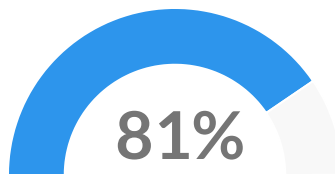
Family/Primary Care Physician or Nurse Practitioner

ACCESS



Majority (80%) of respondents indicated they had a family/primary care physician or nurse practitioner

SATISFACTION



Majority (81%) of respondents were satisfied or very satisfied with services received from their primary care provider

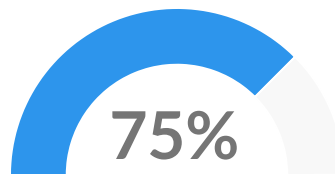
TOP THREE REASONS 8% OF RESPONDENTS WERE DISSATISFIED WITH PROVIDER:

1. Difficult to contact
2. Long wait list for appointment
3. Appointment rushed or limited to one issue per visit

Health Services

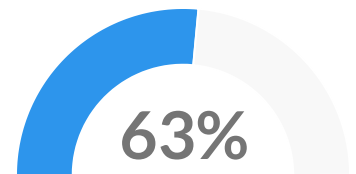
Health care system and continuum of services

ACCESS



Majority (75%) of respondents indicated they were able to access required health services

SATISFACTION

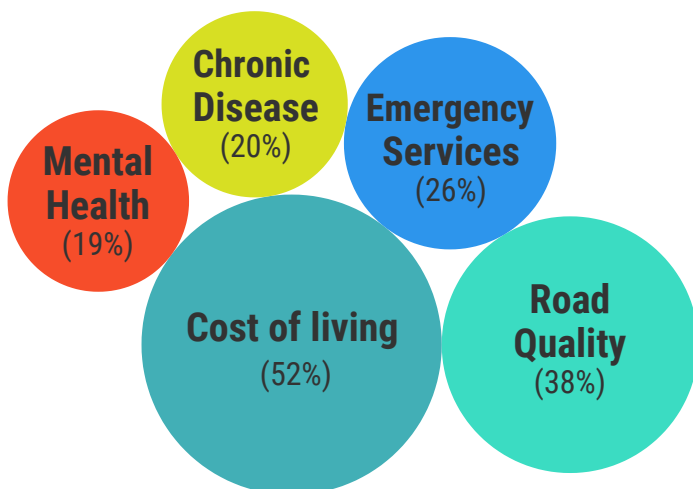


Majority (63%) of respondents indicated they were satisfied or very satisfied with the health care services received

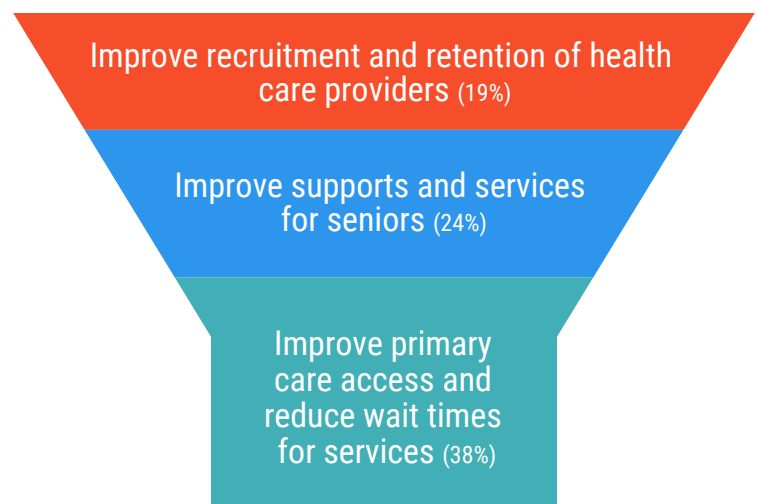
TOP THREE REASONS 25% OF RESPONDENTS WERE NOT ABLE TO ACCESS SERVICES:

1. Wait times too long
2. Service not available
3. Too far to travel

TOP FIVE COMMUNITY CONCERNS:



TOP THREE WAYS TO IMPROVE CARE AND SERVICES:





PORT SAUNDERS / BONNE BAY HEALTH NEIGHBOURHOODS REPORT


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RESPONDENTS



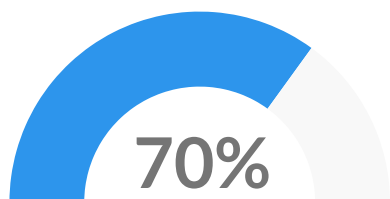
MAJORITY FROM
PORT SAUNDERS


55% Female
45% Male
2% Another Gender

53% 
IN THE **55-74**
AGE GROUPS


78% **HIGH SCHOOL**
EDUCATION
OR HIGHER

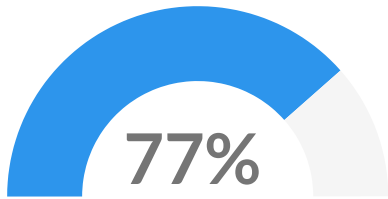
HEALTH INFORMATION



FAMILY DOCTOR / NURSE PRACTITIONER

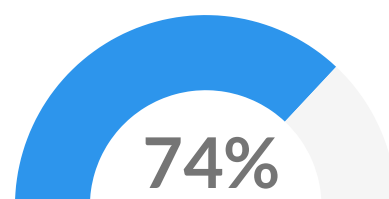
Majority (70%) of respondents go to their family doctor or nurse practitioner when looking for health-related information

PHYSICAL AND MENTAL HEALTH STATUS



MENTAL HEALTH

Majority (77%) of respondents reported their mental health was good, very good, or excellent



PHYSICAL HEALTH

Majority (74%) of respondents reported their physical health was good, very good, or excellent

TOP THREE CHANGES TO IMPROVE HEALTH:

1. Healthy eating (59%)
2. Physical activity (52%)
3. Reduce stress (43%)

TOP THREE BARRIERS TO CHANGE:

1. Resources or supports not available (28%)
2. Not enough time (26%)
3. Cost too high (23%)