



# Community Health Needs and Resources

---

Community Asset Listing: Burgeo & Ramea PHC  
Area

Cathy Buffett  
Community Health Manager  
August 15, 2018

## Table of Contents

Introduction .....	2
Community Assets Listing.....	2
Health Related Assets.....	2
Table 1: Health Related Assets for the Burgeo Area.....	3
Emergency Related Assets.....	4
Table 2: Emergency Related Community Assets.....	4
Churches.....	5
Table 3: Churches.....	5
Education.....	5
Table 4: Schools.....	5
Early Learning and Childcare.....	5
Table 5: Early Learning and Childcare Assets.....	6
Community and Volunteer Organizations.....	6
Table 6 Community/ Volunteer Organizations and Committees.....	6
Public Facilities.....	7
Table 7: Public Facilities.....	7
Recreation and Leisure Facilities.....	7
Table 8: Recreation and Leisure Facilities.....	7
Recreation and Leisure Organizations.....	8
Table 9: Recreation and Leisure Organizations.....	8
Other.....	8
Table 10: Other Community Assets.....	8
Conclusion.....	9

## **Introduction**

Burgeo is located on the south coast of Newfoundland and can be reached by Route 480 more commonly known as the "Caribou Trail". This road connects to the Trans-Canada Highway and takes approximately two hours to drive. Burgeo and area has a history of being believed to be discovered by the Portuguese. It has been a part of the fishing industry for the most of its existence till the moratorium in the early 1990's. Consequently, the communities have survived the economic consequences with promotion of the tourism in the area. The town of Burgeo is a small town that services smaller outlying areas such as Ramea, Francois, and Grey River that are only accessible by boat or helicopter.

Community assets include anything that can be used to improve the quality of community life. This may include things such as a physical structure or place, community service or health service. The purpose of the Primary Health Care (PHC) community assets report is to provide insight into the resources that communities have available to them to support health and wellness. Community assets can be used as a foundation for community improvement. Understanding a community's strengths makes it easier to understand what kinds of programs or initiatives might be possible to address the community's needs. The purpose of this community asset listing is to identify the assets available in the Burgeo and Ramea Primary Health Care Area. It is recognized that while this listing may not include every community asset, it should provide an overview of the major assets available within a health region, with a focus on health and community resources that support individuals and communities in maintaining a safe and healthy environment. Please find below the community assets summary of the Burgeo and Ramea (PHC area).

## **Community Assets Listing**

### **Health Related Assets**

The Calder Health Care Centre is located in Burgeo and provides many of the essential health care services for the area. The health centre provides Emergency, Acute, Long Term Care, Medical Services, Radiology (x-ray only), Laboratory, Outpatient and Population health services such as Community Health, Mental Health and Addictions, and Community Supports. There is a clinic in Ramea that has a full time Licensed Practical Nurse on site and visiting Nurse Practitioner (when available) that provides monthly visits to the clinics located in Francois and Grey River. Ramea clinic provides blood collection and pharmacy services. It is important to note that it is situated 213 km from the Western Memorial Regional Hospital in Corner Brook, which is the major acute health care site for Western Health.

There are several services which provide travelling clinics to Burgeo. These include a private practice Dental clinic once monthly when possible, Physiotherapy (quarterly), Occupational Therapy (quarterly). Various telehealth services are provided to the area, majority of which are provided at the Calder Health Care Centre (mainly due to limited broadband width to other clinics). There are no support groups in the area, with the exception of a regional Alzheimer's support group that is offered through telehealth at the health centre.

There is one seniors’ cottage located in Burgeo to support seniors in an independent living arrangement throughout the Burgeo area, as well as, the eighteen long term care beds at Calder Health Centre. There are no personal care homes, adult day programs, or meals on wheels programs in the area. Table 1 below provides a listing of health related assets by community for the Burgeo and Ramea area.

**Table 1: Health Related Assets**

Health Asset	Community
<p>Calder Health Centre</p> <ul style="list-style-type: none"> <li>• Medical Services (2 salaried Physicians)</li> <li>• Emergency Care services (24 hr coverage)</li> <li>• Laboratory &amp; Diagnostic Services (lab and X-ray only )</li> <li>• Recreation Therapy</li> <li>• Out-Patient Clinics</li> <li>• Physiotherapy (quarterly )</li> <li>• Occupational Therapy Services (quarterly)</li> <li>• Pharmacy Services (Coordinated through WMRH)</li> <li>• Population Health Services               <ul style="list-style-type: none"> <li>○ Community Health Services (Community Health Nursing-Public Health &amp; School Health; Wellness Facilitator)</li> <li>○ Community Support Services (Community Health Nursing)</li> <li>○ Mental Health and Addictions (Counselor/ Social Worker, Youth Outreach Worker)</li> </ul> </li> <li>• Telehealth Services               <ul style="list-style-type: none"> <li>○ Various telehealth programs offered (tele- oncology, diabetes services, some specialist, mental health and addictions and trialing some Rehab services at present)</li> </ul> </li> </ul>	<p>Burgeo</p>

Health Asset	Community
Rural Medical Clinics (3) <ul style="list-style-type: none"> <li>• Community Health Nursing Services- Public Health and Community Supports</li> <li>• Pharmacy Services (Ramea but not in Grey River or Francois but prescriptions are delivered via the ferry)</li> <li>• Blood Collection (Ramea)</li> </ul>	Ramea, Grey River, Francois
Travelling Clinics <ul style="list-style-type: none"> <li>• Dental clinic (private practitioner) monthly</li> <li>• Physiotherapy (monthly for Long Term Care )</li> <li>• Occupational Therapy (monthly)</li> </ul>	Burgeo
Seniors apartments (1)	Burgeo

### Emergency Related Assets

The Emergency Health Services include the volunteer fire departments in each of the communities and the RCMP detachment is located in the town of Burgeo. As well, the Burgeo Ground Search and Rescue performs ground and water search and rescue efforts for the area. Table 2 below provides a listing of emergency related assets by community for the Burgeo and Ramea area.

**Table 2: Emergency Related Community Assets**

Emergency Asset	Community
Reliable Ambulance Service	Burgeo
Burgeo Volunteer Fire Department	Burgeo
Burgeo Rangers	Burgeo
Ramea Volunteer Fire Department	Ramea
Francois Fire Department	Francois
Grey River	Grey River

## Churches

Religion has played a vital role in each of the small towns that make up the southwest coast of the island. Table 3 below provides a listing of churches by community for the Burgeo and Ramea area.

**Table 3: Churches**

Denomination	Church	Community
Roman Catholic	St. Jude's	Burgeo
Anglican	St. John Evangelist	Burgeo
	St. Boniface	Ramea
	St. Simon/St. Jude	Francois
United	Faith United	Burgeo
Other	Church of Transfiguration	Grey River
	Orangeman's Lodge	Grey River

## Education

There are four schools located in the Burgeo and surrounding smaller communities. Due to a small population in most areas of this region the schools have implemented multi- grade classrooms. There is a public health nurse assigned to each school. Table 4 below provides a listing of schools by community for the Burgeo and Ramea area.

**Table Four: Schools**

School	Type	Community
Burgeo Academy	Grades Kindergarten to 12	Burgeo
St. Boniface All Grade	Grades Kindergarten to 12	Ramea
All Saints All Grade	Grades Kindergarten to 12	Grey River
St. Simon/St. Jude	Grades Kindergarten to 12	Francois

## Early Learning and Childcare

Early learning and childcare is an essential part of healthy child development. In the Burgeo area, the Community Education Network (CEN) operates two family Resource Centres that provide fun and supportive environment for children from birth to age 6 and their parents /caregivers and Child Car Seat Safety clinics. Also, it is important to note that the preschools and nursery schools in the area provide early learning support to children up to kindergarten age. They are available in the Burgeo Academy Preschool and Preschool Early Start Program.

**Table 5: Early Learning and Childcare Assets**

Early Learning and Childcare	Community
Burgeo Family Resource Centre	Burgeo (Burgeo Academy)
Ramea Family Resource Centre	Ramea (St. Boniface All Grade)

**Community and Volunteer Organizations**

Burgeo and surrounding communities have a vast geography and somewhat isolated due to limited access and transportation. Consequently, many of the programs and services provided to the area such as town councils, fire departments, recreation committees, social clubs, seniors clubs, youth groups etc. are solely supported by community volunteers. While there are no meals on wheels programs there are community volunteer groups that provide a similar type of service to seniors around the holidays. This is a very community specific initiative and heavily reliant on volunteers and fund raising. Table 6 below provides a listing of community and volunteer services by community for the Burgeo and Ramea area.

**Table 6: Community and Volunteer Organizations**

Community and Volunteer Organization	Community
HELP committee (Helping Ease Life's Problems)	Burgeo
Burgeo Lions and Lionesses Club	
Burgeo Broadcasting System	
Ramea Lions and Lioness Club	Ramea
Loyal Orange Benevolent Association	
Loyal Orange Lodge	
Ramea Tourism Committee	
Ramea Recreation Committee	
Ramea Broadcasting System	
Royal Black Preceptory	
Royal Canadian Sea Cadets Corps (RCSCC) Movement	
Senior Puffins Club	
Scouting Movement	
Ramea Health Services Committee	
Wolf Clubs	

## Public Facilities

Burgeo is the main centre and most people travel there to attend to their shopping and banking needs as well as a variety of other services including financial institutions, motel, restaurants, and local convenience stores. There is a ferry located in the town which is the primary entry point onto the island of Ramea and the smaller communities of Grey River and Francois. Table 7 below provides a listing of Public Facilities by community for the Burgeo Area.

**Table 7: Public Facilities**

Public Facility	Community
Burgeo Recreation Complex	Burgeo
Bank of Nova Scotia	
Burgeo Pharmacy	
Canada Post	
Brewed Awakening	
Canada Post	Ramea
Ramea Dog Park	

## Recreation and Leisure Facilities

Recreation and leisure is an important part of the culture of this area. Almost all areas have well-kept ball fields, community playgrounds and volunteer recreation committees. The following list highlights some of the physical facilities available in Table 8 below of Recreation and Leisure Facilities by community for the Burgeo Area.

**Table 8: Recreation and Leisure Facilities**

Recreation and Leisure Facility	Community
Burgeo Recreation Complex	Burgeo
Sandbanks' Provincial Park	
Burgeo Community Ball field	
Ramea Community Ball Field	Ramea

## Recreation and Leisure Organizations

In addition to these facilities there are numerous organizations that promote recreation and leisure in Table 9 below which provides a listing of Recreation and Leisure Organizations by community for the Burgeo Area.



**Table 9: Recreation and Leisure Organizations**

<b>Recreation and Leisure Organizations</b>	<b>Community</b>
Burgeo Recreation Committee	Burgeo
Burgeo Minor Hockey Association	
Burgeo Girl Guides of Canada	
Wolf Clubs	Ramea
Ramea Recreation Committee	

**Other**

Burgeo and area have been able to utilise and promote their town's history by building upon the tourism industry. Their annual festivals, museums etc. have enhanced their visibility on the map. Table 10 on the next page provides a listing of the Other Community Assets by community for the Burgeo Area.

**Table 10: Other Community Assets**

<b>Other Assets</b>	<b>Community</b>
Rock Island Music Festival	Ramea
Sand and Sea Festival	Burgeo
Burgeo Museum	
Farley Mowat's House	
King George IV Ecological Reserve	
Charlies Head Hike	Francois

## Conclusion

In addition to the town of Burgeo, the Burgeo Primary Health Care Area includes three rural communities of Ramea, Grey River and Francois. Calder Health Care Centre in Burgeo is the hub for majority of the health care services but there is a clinic in each community. Grey River and Francois are mainly for visiting health care members. The health care centre provides Primary Care Services, Ambulatory Care Services, Emergency Services, Physiotherapy and Occupational Therapy, Radiology, and Laboratory services. The facility also has three Acute Care beds and eighteen Long Term Care beds. Population Health services including Community Health, Community Support and Mental Health and Addictions are also available in the area. While individuals may need to travel to Western Memorial in Corner Brook for some services, some are able to be accessed via telehealth. Limited travelling clinics such as the dentist (private practitioner) which attempts to travel monthly to the area. There are volunteer fire departments throughout the area with one ambulance service located in Burgeo, with RCMP and Search and Rescue centrally located in Burgeo.

The Burgeo area includes four (kindergarten to Grade 12) schools, many different churches, Family Resource Centre satellite sites, and multiple community volunteer organizations and committees. Many of the programs and services provided to the area such as town councils, fire departments, recreation committees, seniors clubs, sports and recreation programs, youth and social groups etc. are supported by community volunteers.

The Burgeo Area is home to the Sandbanks Provincial Park, and much of the industry in the area supports tourism and is seasonal in nature (many restaurants, craft stores, museums, and heritage facilities, festivals, etc.). There are a variety of recreation spaces throughout the area and most communities have access to a playground, softball field, community or church hall, hiking/walking trails and campgrounds.

While the Burgeo Area may not have access to the variety of amenities seen in more urban areas (e.g. public transportation, big box stores, Malls/ retailers, etc.) there are many health and community services in the area. There is a large volunteer base in the Burgeo Area committed to supporting community based programs and initiatives in an effort to improve the overall health and well- being of their community.